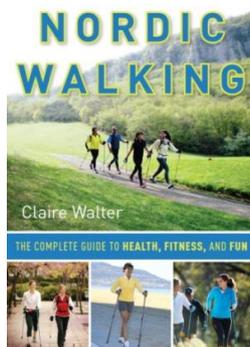


Nordic Walking: The Complete Guide to Health, Fitness, and Fun



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