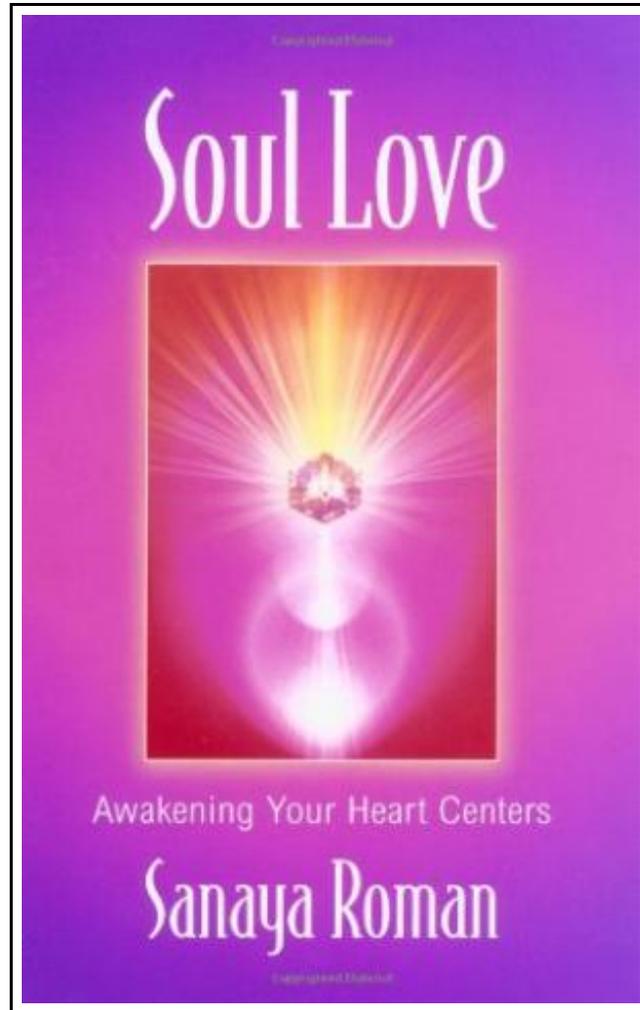


Soul Love: Art Activities for All Ages



Filesize: 1.84 MB

Reviews

Here is the best ebook i actually have go through until now. It really is simplistic but shocks within the fifty percent in the ebook. Your daily life period will probably be transform once you total reading this book.

(Elaina Funk)

SOUL LOVE: ART ACTIVITIES FOR ALL AGES



Hj Kramer. Paperback. Book Condition: New. Paperback. 276 pages. Dimensions: 8.3in. x 5.4in. x 0.8in. Note: The printed and the revised eBook versions are very similar. The eBook has the addition of 9 illustrations and a new introduction which are not in the printed book. The processes are the same in both versions. Soul Love teaches you how to link with your soul and open your heart in order to feel more love, self-love, and love for others. Making soul contact and awakening your heart centers can be one of the most important and transformative steps on your path of spiritual awakening that you will ever take. In the first section of this book Orin, a timeless being of light and love channeled through Sanaya, presents a series of meditations to assist you in meeting and blending with your soul. You can learn to tap into its strength, presence, light, and will to assist you with daily living. The second section of this book guides you through some of the most powerful and transformative processes Orin knows to aid you in loving as your soul. To do so you do not need to use your willpower to force yourself to act or feel more loving. Instead, you can use an energy process that involves raising the energy from your solar plexus center into your heart center, then lifting the energy from your heart center into your head center, and finally sending the accumulated energy in your head center down to your solar plexus center, creating a triangle of light. Combining this energy work with an understanding of why you are doing it can create a great shift in your ability to feel and express soul love. Personality love is based in the ego-mind and often creates suffering, pain, and discord. Soul...



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