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## Astral Projection: Interdimensional Guide to Out of Body Experiences

By Daniel Kai

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Astral Projection: Interdimensional Guide to Out of Body Experiences Learn the bizarre secrets to Astral Projection and Out of Body Experiences! Astral Projection: The Interdimensional Guide for Out of Body Experiences is your must-have handbook containing everything you need to know about astral projection. It is the newest title from Daniel Kai, who has written the book from his own personal experiences. Divided into eleven chapters, this book tackles the bizarre and misunderstood topic of out of body experiences with both confidence and humour. Decades of research, trial and error have taught the author everything that he knows about the topic today. Look no further for a brief history of astral travel, a run-down of Kai's own past, and a step-by-step guide describing how to induce both sleep paralysis and out of body experiences. There is a huge variety of tips, suggestions and advice for beginners and experts alike. Anyone can have a go at astral travel and learn to open up entire new worlds to explore, so whether you're just starting out on this adventure...



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